

Guide to Therapeutic Use Exemption

It is the responsibility of athletes, coaches and member organisations to know if any medication or substance used by an athlete is on the [Prohibited List](#). Where a prescribed medication contains a substance that appears on the list, a Therapeutic Use Exception (TUE) is needed. Failure to apply for a TUE may result in an anti-doping violation.

The process usually starts within your national member organisation but if athletes are competing in a Virtus Regional or World Championship, you will need to apply directly to Virtus for a TUE.

The TUE process

1. Check the status of the substance or medication. This can be done by checking the Virtus website or by visiting directly the World Anti-Doping Code Prohibited List.

Is the substance on the Prohibited List?

If YES go to step 2

If NO, then TUE not required

2. If the substance is prohibited you will need to discuss with your doctor if there is a permitted alternative available.

Is a permitted alternative available?

If YES, then TUE not required

If NO, go to step 3

3. You should check if the medication or substance is prohibited both in and out of competition.

Is it prohibited only in competition?

If YES, go to step 4

If NO, talk to your Virtus Member Organisation

4. You must determine if the substance could still be in your system in competition.

Will it be in your system in competition?

If YES, go to step 5

If NO, then TUE not required

5. You must determine the level of competition.

Are you competing in an Virtus Regional or World Championship event?

If YES, got to step 6

If NO, INAS Member Organisation

6. Download a TUE application form from the Virtus website. You must complete the TUE application form together with your doctor and submit it to the Virtus office.

Virtus Process

1. If more information is needed, we will contact you as soon as possible.
2. Within 30 days, Virtus will make a decision on the TUE request. Await the confirmation of TUE approval before using any substance or medication.
3. Virtus will share this information on ADAMS – the online doping management site

Frequent Questions

When does a TUE expire?

The TUE certificate will state the date that exemption expires as this can vary from case to case according to the specific substance.

I have had a TUE previously – do I need to re-apply?

You must re-apply if the expiry date on the TUE is sooner than the end of competition. New applications must contain all supporting information.

I already hold a TUE with a different organisation?

Where possible, Virtus will recognise a TUE given by another organisation. However this is determined on a case by case basis. Please contact tue@virtus.sport for advice.

Where can I get help?

Please email tue@virtus.sport for assistance or if you have any questions