

## World Long Course WOMEN II2

Event	Time	Name	Country	Date	Location
50m	00:36.19	Record Mark	INAS	30/09/2019	UK
Freestyle 100m	01:21.85	Record Mark	INAS	30/09/2019	UK
Freestyle 200m	02:56.60	Record Mark	INAS	30/09/2019	UK
Freestyle 400m	06:18.92	Record Mark	INAS	30/09/2019	UK
Freestyle 800m	13:00.61	Record Mark	INAS	30/09/2019	UK
Freestyle 1500m	25:06.07	Record Mark	INAS	30/09/2019	UK
Freestyle 50m	00:43.75	Record Mark	INAS	30/09/2019	UK
Backstroke 100m	01:33.74	Record Mark	INAS	30/09/2019	UK
Backstroke 200m	03:17.40	Record Mark	INAS	30/09/2019	UK
Backstroke 50m	00:46.99	Record Mark	INAS	30/09/2019	UK
Breaststroke 100m	01:44.71	Record Mark	INAS	30/09/2019	UK
Breaststroke 200m	03:43.04	Record Mark	INAS	30/09/2019	UK
Breaststroke 50m	00:38.72	Record Mark	INAS	30/09/2019	UK
Butterfly 100m	01:32.82	Record Mark	INAS	30/09/2019	UK
Butterfly 200m	03:23.27	Record Mark	INAS	30/09/2019	UK
Butterfly 200m Ind	03:27.23	Record Mark	INAS	30/09/2019	UK
Medley 400m Ind	07:28.14	Record Mark	INAS	30/09/2019	UK
Medley 4x50m	02:46.33	Record Mark	INAS	30/09/2019	UK
Freestyle Relay 4x100m	06:16.32	Record Mark	INAS	30/09/2019	UK
Freestyle Relay 4x200m	13:46.95	Record Mark	INAS	30/09/2019	UK
Freestyle Relay 4x50m	03:05.33	Record Mark	INAS	30/09/2019	UK
Medley Relay 4x100m	06:50.23	Record Mark	INAS	30/09/2019	UK
Medley Relay 4x100m	06:50.20	Record Mark	INAS	30/09/2019	UK
Mixed Medley Relay 4x100 Mixed	06:16.30	Record Mark	INAS	30/09/2019	UK
Freestyle Relay					

## World Long Course MEN II2

Time	Name	Country	Date	Location
00:30.14	Record Mark	INAS	30/09/2019	UK
01:08.42	Record Mark	INAS	30/09/2019	UK
02:33.50	Record Mark	INAS	30/09/2019	UK
05:28.80	Record Mark	INAS	30/09/2019	UK
11:19.33	Record Mark	INAS	30/09/2019	UK
22:34.38	Record Mark	INAS	30/09/2019	UK
00:36.41	Record Mark	INAS	30/09/2019	UK
01:18.86	Record Mark	INAS	30/09/2019	UK
02:55.35	Record Mark	INAS	30/09/2019	UK
00:40.36	Record Mark	INAS	30/09/2019	UK
01:30.64	Record Mark	INAS	30/09/2019	UK
03:10.11	Record Mark	INAS	30/09/2019	UK
00:36.28	Record Mark	INAS	30/09/2019	UK
01:15.66	Record Mark	INAS	30/09/2019	UK
02:56.76	Record Mark	INAS	30/09/2019	UK
02:55.06	Record Mark	INAS	30/09/2019	UK
06:19.21	Record Mark	INAS	30/09/2019	UK
02:10.45	Record Mark	INAS	30/09/2019	UK
04:58.04	Record Mark	INAS	30/09/2019	UK
11:51.85	Record Mark	INAS	30/09/2019	UK
02:30.56	Record Mark	INAS	30/09/2019	UK
05:35.46	Record Mark	INAS	30/09/2019	UK
see opposite				