

SECTION 1: SWIMMING SPORT SPECIFICATION

1. Rules of Competition

The rules of INAS Swimming pertaining to competition, rankings and records will be those of World Para Swimming with approved variations by INAS.

2. INAS Sport Rules

There are currently no specific variations to the World Para Swimming rules for INAS competitions, excepting that, following agreement by the INAS Sport Director, in both the 800m Freestyle and 1500m Freestyle events male and female events may take place in the pool at the same time, however results and awards must remain separate.

Mixed gender events may take place only in the Mixed Relay events specified below, where each Relay team must consist of two (2) Men and two (2) Women.

3. Disciplines

INAS recognises both Long Course (50m) and Short Course (25m) pool lengths and Open Water.

Long Course

50m (Long Course) competitions should comprise the following events:

Freestyle	Backstroke			
50 metres	50 metres			
100 metres	100 metres			
200 metres	200 metres			
400 metres				
800 metres				
1500 metres				
Breaststroke	Butterfly			
50 metres	50 metres			
100 metres	100 metres			
200 metres	200 metres			
Individual Medley	Relays			
200 metres	4 x 50 metres Freestyle			
400 metres	4 x 100 metres Freestyle			
	4 x 200 metres Freestyle			
	4 x 50 metres Medley			
	4 x 100 metres Medley			
	Mixed 4 x 100m Medley			
	Mixed 4 x 100 metres Freestyle			



Open Water

If an Open Water event is proposed and approved, it will follow all WPS Open Water Swimming Rules. The following distances may be offered:

- 3km
- 5km

Short Course

25m (Short Course) competitions should comprise the following events as a minimum:

Freestyle	Backstroke			
50 metres	50 metres			
100 metres	100 metres			
200 metres				
400 metres				
Breaststroke	Butterfly			
50 metres	50 metres			
100 metres	100 metres			
Individual Medley	Relays			
100 metres	4 x 50 metre Freestyle			
	Mixed 4x50m Freestyle			
	4 x 50 metre Medley			



SECTION 2: INAS CHAMPIONSHIP EVENT SPECIFICATION

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1 Event Specification

1.1 Application of the Specification

The information contained in this Event Specification document is primarily aimed at establishing a minimum standard for the management and conduct of **World Championship** and **Global Games** swimming events. Regional championships and all other INAS swimming events should also adhere to the Specification, however variations may be agreed following discussion with the INAS Sport Director. All INAS branded swimming events are to be overseen by the Sport Swimming Director, and this Specification will be used as the basis for discussion for all events.

1.2 Event Title

- 1.2.1 For INAS world championship events the title of the event is the "[Year] INAS Swimming Championships", for example "2017 INAS Swimming Championships".
- 1.2.2. For INAS regional championship events the title of the event is the "[Year] INAS [Region] Swimming Championships" for example "2016 INAS Asia Swimming Championships".
- 1.2.3 For INAS 25m (Short Course) Championships the phrase "25m" is to be added in parentheses (brackets) after the word Championships

1.3 Event Date

- 1.3.1 INAS Swimming 50m world championships will be scheduled every four years with the Global Games competition two years after the World Championships.
- 1.3.2 INAS Swimming 25m Championships may be scheduled in any year other than one already scheduled for a 50m Championship or Global Games.
- 1.3.3 INAS Swimming 50m regional championships may be scheduled every two years other than in a year in which World Championships or Global Games are scheduled.
- 1.3.4 INAS Championships must be scheduled at least 6 weeks before or after IPC Swimming World or Regional Championships or IPC Games if held in the same year.
- 1.3.5 The event date should be determined in consultation with the INAS Sport Director and should allow for competition cycles, climate, other major events, venue and accommodation suitability and availability.

1.4 Rules

All INAS Swimming events are to be organised in accordance with the World Para Swimming rules with appropriate amendments as set out in these Sport Specifications. Local Organising Committees (LOCs) are not permitted to amend these rules.

1.5 IF Sanctioning

- 1.5.1 The LOC for an INAS World or Global Games 50m Swimming Championships must seek sanction from World Para Swimming through the INAS Executive Director.
- 1.5.2 The LOCs for any other INAS swimming competition are required to contact the INAS Swimming Director early to ensure that the event will meet a minimum standard to qualify for INAS Records and Rankings.
- 1.5.3 The LOCs for any other INAS swimming competition including INAS Swimming regional championships or any 25m championship are recommended to seek approval from World Para Swimming. LOCs are responsible to meet the costs for gaining approval and administration of the process. LOCs are to discuss any submission for World Para Swimming approval with the INAS Sport Director before making any application to World Para Swimming. Application for World Para Swimming approval must be by the INAS Executive Director.



- 1.5.4 The LOC is to provide signed confirmation from the relevant National Paralympic Committee that the NPC is in support of the event.
- 1.5.5 The involvement and sanction of the National Swimming Federation is essential to ensure a successful event. The LOC is to provide confirmation that the relevant National Swimming Federation is in support of the event.
- 1.5.6 The National Swimming Federation must be represented on the LOC by a suitably experienced swimming competition management individual.

1.6 Inspection Visit

- 1.6.1 The LOC will be supported by the INAS Sport Director who will give direction, guidance and advice throughout the planning and delivery processes. Further support will be given by other INAS Staff and other Committees as required. The LOC is to maintain contact with the INAS Sport Director throughout the planning stages prior to the event and is to establish regular conference calls (eg by Skype, Google Hangouts or Webex) with the Sport Director not less than six (6) months prior to the start of the event (to provide updates, discuss concerns, and monitor task completion information.
- 1.6.2 The INAS Sport Director is required to undertake an inspection visit 6-12 months prior to the event which is to include a visit to all competition and training venue(s) and accommodation. Time will also be available for all other competition related discussions. This site visit will normally take 3-4 days plus travel.
- 1.6.3 If considered necessary by the INAS Sport Director, INAS Executive or the LOC the INAS Sport Director may direct that a second site visit is required. If required or directed, this will generally be 6-8 weeks prior to the scheduled start of the event
- 1.6.4 The LOC will be responsible for all costs relating to all visits including travel, accommodation and catering costs.

1.7 Events

For the INAS 50m Championships at World and Global Games the programme of events will be as per Section 1 Swimming Sport Specification. The inclusion of Open Water events is encouraged.

1.8 Event Timetable

1.8.1 The competition will be run over 5 (five) days with additional days for classification, training, arrivals and departures as below.

	-4	-3	-2	-1	Comp	Comp	Potential	Comp	Comp	Comp	Comp
	Days	Days	Days	Day	Day 1	Day 2	Open	Day 3	Day 4	Day 5	Day 6
							Water				
							Day				
Arrivals											
Team											
Training											
Classification											
Technical											
Meeting											
Venue,											
Officials &											
Volunteer											
Training											



Victory						
Ceremony						
Dress						
Rehearsal						
Competition						
Opening						
Ceremony						
Closing						
Ceremony						
Athlete's						
Party						
(optional)						
Departure						

- 1.8.2 Additional training days prior to competition can be made available should the LOC and teams agree.
- 1.8.3 The Opening Ceremony may also be held Day -1, at the discretion of the LOC and approval of INAS Sport Director.
- 1.8.4 If an Open Water event is proposed by the LOC and approved by INAS it is to be held on day three (3) of competition, with the last 3 days delayed (ie to calendar days 4, 5 and 6). There is not to be any pool competition on the same day as an approved Open Water event.
- 1.8.5 Official championship dates are from the date of the Opening Ceremony to the date of the Closing Ceremony

2 Competition Information

2.1 Competition Format

- 2.1.1 The competition will be run with individual Preliminary Rounds (heats) in morning sessions and finals in afternoon/evening sessions. For 50m Championships a minimum of 3 hours should be scheduled between the end of the morning session and the start of the afternoon/evening session.
- 2.1.2 The 400m Individual Medley, 400m Freestyle, 800m Freestyle and the 1500m Freestyle events may be run as timed finals during the Preliminary (Heats) sessions.
- 2.1.3 Events with eight (8) entries or less will generally be run as finals during the finals sessions, except those events listed in 2.1.2 and as in 2.1.4.
- 2.1.4 Relays may have finals during the morning session subject to discussion and agreement with the INAS Sport Director.

2.2 Additional Eligibility Groups

- 2.2.1 From time to time the INAS Governing Board may direct that athletes in additional eligibility groups may enter the Championships and other INAS swimming competitions. This may be in a championship group or temporarily as part of a series of pilot or test events.
- 2.2.2 LOCs are requested to liaise with the INAS Sport Director in making these additional eligibility groups fit within the structure of the planned event, and to manage the entries accordingly. Event viability rules will apply to such additional eligibility groups.
- 2.2.3 Athletes in the additional eligibility groups may swim in Preliminary Rounds (heats) in a "multi-group" format, and if numbers permit may progress to swim in single group finals. In general, there must be more



than eight (8) athletes entered into the relevant Group in any preliminary event to be considered for advancement to a final.

2.3 Youth Competition

- 2.3.1 The INAS Sport Director may direct or recommend the inclusion of one or more youth categories in a Championship. Such athletes will principally compete as a standard championship entry (II1); however, results will be extracted from the overall final ranking to determine medal placing for athletes in a youth category
- 2.3.2 Depending on numbers, the youth categories shall be as follows (age as of 31 Dec in year of competition):

Men 12-16yrs; 17-18yrsWomen 12-15yrs; 16-18yrs

2.3.3 If there are insufficient numbers for an effective competition within such age groups, the INAS Sport Director may direct that there will be a single youth category of Under 19 yrs (i.e; actual age 12-18yrs) as of 31 Dec in year of competition.

2.4 Competition Schedule

- 2.4.1 The Competition schedule is to be planned with up to two sessions per day, with preliminary rounds (heats) in the morning, and finals in the afternoon/early evening.
- 2.4.2 The LOC in consultation with the INAS Sport Director is responsible for providing an outline programme of events which is to be submitted to the INAS Sport Director for final approval prior to publishing.

2.5 Entry Quotas

- 2.5.1 Each member organisation shall be entitled to a maximum of 3 (three) entries per individual event, subject to that event remaining viable.
- 2.5.2 Each member organisation shall be entitled to enter 1 (one) team per relay event, subject to that event remaining viable.
- 2.5.3 Following initial entries, the Sport Director together with the LOC may offer additional places to delegations in events with low participating numbers. The rules regarding advancement to finals and/or award of medals shall be as described in Rule 2.6.2.

2.6 Event Viability Criteria

- 2.6.1 Events will be considered viable if they have a minimum of three (3) eligible athletes or teams (for Relay events) from two (2) different member organisations. This viability rule is applicable to championship entry and any additional eligibility competitions or groups. It does NOT apply to any youth category.
- 2.6.2 In a Regional championship (or exceptionally in INAS Swimming Championships/Global Games) Rules 2.6.1, 2.5.1 and 2.5.2 may be waived should there be insufficient numbers to meet the minimum entry quota for any particular event. In the case of this occurring, and in the case of implementing Rule 2.5.3, consideration will then be given by the Sport Director and LOC as to how places in Finals and/or allocation of medals may be made. In any case, a maximum of 3 athletes or 1 relay team from any single delegation can be awarded a place in the Final and/or be awarded a medal.

2.7 Medal Ceremonies and Medal Design

2.7.1 Medals will be awarded to the athletes placed 1^{st} , 2^{nd} and 3^{rd} in each event, subject to the restrictions in Para 2.6.2.



- 2.7.2 All nations must bring to the championships three (3) national flags and a CD of the short (award ceremony) version of their national anthem.
- 2.7.3 The LOC is responsible for planning and staging the Victory Ceremonies in consultation and agreement with the INAS Sport Director and INAS Marketing and Communication Manager. It is very important that medal ceremonies run to schedule, and that the correct athletes receive the correct medals. Special attention must be paid to results distribution to the Victory Ceremony team to ensure that this happens.

2.7.4 General principles:

- A maximum of 4 minutes will be allowed in the timeline for each Victory Ceremony.
- No changes in the medal ceremony schedule will be allowed.
- A podium of a suitable size for 3 relay teams must be available with a backdrop that includes the championship logo and title, INAS website and social media information.
- The short version of the national anthem of the gold medallist will be played and the relevant flags for all medallists raised at the same time as the anthem is played. Flags should be clearly visible to the athletes.
- Flowers or a gift, relating to the championships or culture of the host country, region or city should be presented to all medallists during the medal ceremony.
- At least one (1) medal presenter must be identified by name for each session. A full list of presenters for each session is to be provided in advance to INAS.
- Enough space with a clear view must be available in front of the podium for authorised photographers
 to take pictures after athletes have been presented with their medals and whilst the flags remain
 raised.
- The athletes and teams are responsible for attending their medal ceremonies. If an athlete does not attend or cannot be found, the medal ceremony must continue.
- LOCs must be prepared for the possibility of a tie in any medal position. Therefore at least two (2) flags may need to be displayed at the same time in first, second or third place.
- A full practice session for medal ceremonies, including all volunteers, tray and gift carriers and chaperones is to be held at least two (2) days in advance of the start of competition.

2.7.5 Medals design

- 2.7.5.1 The medals design must reflect the importance of the event and culture of the host country, region or city and show:
 - The championship logo and year
 - The INAS logo (on the back)
- 2.7.5.2 If a championship includes additional eligibility, youth or trial groups, the following medal sizes are required:
 - II1 large (10cm in diameter)
 - II2, II3, Youth and trial medium (8cm in diameter)
- 2.7.5.3 For championships without any additional eligibility, youth or trial groups II1 medals must be 10cms in diameter.
- 2.7.5.4 The medals and ribbons for each group must be of the same design. The ribbon must carry both the championship and INAS logos and reflect the overall design theme of the event.

2.8 Qualification Criteria

2.8.1 Entry is open to all INAS Members in good standing.



2.8.2 Minimum qualification standards (MQS) will be published by INAS ahead of each Championships.

2.9 Entry Process

- 2.9.1 Preliminary entry information should be available twelve (12) months before the date of the Opening Ceremony and final entry information nine (9) months before, giving full details and costs associated with the event.
- 2.9.2 A suitably experienced named individual within the LOC is to manage the entry system, providing detailed and timely updates to the INAS Sport Director as and when requested. The LOC is to check each Entry that it is the correct eligibility group, meets the MQS, that submitted entry times can be verified, that the athlete is on the relevant Master List and marked active and that all details including gender and date of birth are entered and correct.
- 2.9.3 The LOC is further responsible for liaising with the relevant Meet Management provider to generate provisional Team Sheets, Psych Sheets (lists of all athletes participating in each event) and subsequently Start Lists.
- 2.9.4 The INAS Sport Director will generate and manage the detailed minute-by-minute schedule.
- 2.9.5 For the World 50m Championships entry will be managed via the INAS Sports Management System (ISMS). The LOC will be given access to the system to manage entries and information.
- 2.9.6 For other events the ISMS should be used. Alternatively, LOC managed entry may be via an online entry system that is user-friendly and if possible, available in multiple languages (for example; Hy Tek; TeamUnify; International Sports Timing; Sportsystems). This should be supported by a paper-entry system for nations who may have difficulty accessing the internet.
- 2.9.7 A full list of entrants should be available in a suitable format (eg Hy Tek Team Sheets) for distribution to key partner agencies and for confirmation by participating Members within two (2) weeks of the final entry deadline.

2.10 Entry fees

- 2.10.1 Fees to participants may be charged, however it should be remembered that many athletes will find it difficult to raise funds and therefore the cost of the event is to be considered carefully.
- 2.10.2 Sponsorship may be raised, in accordance with the guidelines set out in the INAS Handbook.
- 2.10.3 A capitation fee (level to be determined by INAS) must be added to the cost of the event and must not be used to cover any of the cost of the event.
- 2.10.4 INAS may charge a small online entry fee to cover administration costs of the INAS Sports Management System which will be agreed with the LOC and included in the entry fee.
- 2.10.5 Entry fees will normally be made in two (2) separate payments, all payments to be made to the LOC:
 - 25% at first entry deadline and may be held as a deposit by organisers in accordance with the schedule below.
 - 75% at final entry deadline.
- 2.10.6 INAS advises all LOC's to establish a clear cancellation policy and to publish this within the entry pack.



2.11 Seeding

Seeding shall be in accordance with World Para Swimming Rules on "Seeding for Heats and Finals".

2.12 Technical Meeting

- 2.12.1 The Sport Director and, if applicable, the World Para Swimming Technical Delegate (TD), will jointly chair the Technical Meeting which shall take place two (2) days prior to competition to discuss all important details concerning the competition and organisation.
- 2.12.2 It is compulsory for each participating nation to attend.
- 2.12.3 Each nation can send up to two persons (recommend Head Coach and/or Team Manager) together with a translator if required to the meeting.
- 2.12.4 The meeting shall be held in English, where possible a near-simultaneous translation to a host or most used language (e.g. Spanish) is encouraged.
- 2.12.5 Whenever possible the Sport Director will issue an electronic copy of the Technical Meeting information up to one (1) week prior to the meeting. In this case Delegations will be invited to submit written questions prior to one (1) day before the meeting, reducing the question time at the meeting.

2.13 Team Composition & Delegations

- 2.13.1 There is no limit to the number of athletes a nation may bring, however in accordance with Section 2.5 each nation is limited to three (3) entries per individual event and one (1) entry per relay event.
- 2.13.2 Each competing nation may, in addition to the swimmers, bring 1 team manager, 1 head coach, 1 medic/ physio and additional support staff at a recommended ratio of 1:5 swimmers.

2.14 Athlete Sport Equipment & Clothing Regulations

2.14.1 Only World Para Swimming approved swimming clothing and equipment may be worn during competition. In addition, all swimwear and pool deck equipment are to be in accordance with World Para Swimming Rules.

Interpretation: A swimsuit not bearing a valid FINA approval label will be approved provided it evidently fulfils the material requirements set forth in the current FINA Requirements for Swimwear Approval. This is notably the case for swimsuits made of traditional permeable textile (i.e. open mesh) material (such as cotton, Nylon, Lycra and the like) with no application of surface treatment closing the open mesh structure

- 2.14.2 Any delegation with concerns regarding the approval status of swimwear or any additional equipment should request the Sport Director, TD or appointed Referee for a decision on approval. There will be opportunities for such equipment checks immediately after the Technical Meeting and by the Referee on the pool deck 30 minutes before the start of every competition session.
- 2.14.3 Note that for any INAS or World Para Swimming records to be ratified the swimwear used must be listed on the current FINA Approved List.

2.15 Communication

- 2.15.1 The LOC is to develop and publish a Team Leader's Guide no later than three (3) months before the event containing all key event information. This is to be submitted to the INAS Sport Director for approval prior to publishing.
- 2.15.2 During competition, an effective communication system should be installed to ensure teams receive accurate and timely information. This is likely to include a combination of meetings, verbal announcements,



notices and individual mailings via the Sports Information Desk, emails to delegations and notices displayed on walls and boards.

- 2.15.3 All information relating to the event (including printed and electronic formats) must be presented in English. Where possible, information should be available in additional languages.
- 2.15.4 In addition, the LOC is to develop and publish an Officials Guide no later than two (2) months before the event containing both key event information and information specific to technical officials. This is to be submitted to the INAS Sport Director for approval prior to publishing.

2.16 Results

- 2.16.1 An efficient and accurate competition schedule and results management service is essential throughout the event (e.g. Meet Management Software). Organisers are to ensure that results of events can be published 'live' to the event website.
- 2.16.2 LOCs must ensure that live results are available and can be published online on multiple websites as agreed with INAS.
- 2.16.3 A full results list is to be made available to the INAS Sport Director and issued on-line immediately after the completion each day of the event.
- 2.16.4 A full copy of results should be sent to the INAS head office (in agreed format in accordance with INAS requirements) within 48 hours of the conclusion of the event.
- 2.16.5 In addition and where an event has the approval of World Para Swimming, the results are to be sent to World Para Swimming within 48 hours in accordance with their approved format.

2.17 Access to Field of Play Policy

- 2.17.1 At all INAS Championships and Global Games a "Clear Deck" Policy for Field of Play will be in place, this means that only essential people will be allowed to access the Field of Play (pool deck). Strict access control is to be in place to ensure that only those individuals with authority to be on the pool deck can access the Field of Play.
- 2.17.2 This will apply to access also to the front of the podium area for photography during and after victory ceremonies.
- 2.17.3 If the delegation seating does not provide an adequate view of the competition pool then LOCs are to arrange a suitable viewing location for coaches and team staff.
- 2.17.4 The Field of Play will be clearly identified at the Technical Meeting and will consist of at least the following areas:
 - Competition swimming pool
 - Training swimming pool
 - Pool deck area immediately surrounding the pools
 - And immediately adjacent to the Field of Play and subject to the same restrictions:
 - o Call rooms
 - Victory Ceremony preparation rooms



3 Eligibility & Classification

3.1 Eligibility

- 3.1.1 All national teams shall be eligible to participate, provided that their Member organisation is in good standing with INAS.
- 3.1.2 Entries will only be accepted if they are sanctioned/approved by the relevant national Member organisation.
- 3.1.3 INAS will manage the primary eligibility process and will regularly update the INAS Master List. All athletes entering the event must appear as 'Active' on the INAS Master List no later than the final entry deadline. Applications for new athletes must be submitted to INAS as soon as possible.
- 3.1.4 Athletes who do not meet the qualifying criteria or do not appear on the INAS Master List as 'Active' are not eligible for the event.
- 3.1.5 There is no 'guest' entry.
- 3.1.5 The LOC will be responsible for ensuring all athletes are eligible to compete. This includes:
 - Appearance on the INAS Master List no later than the final entry deadline (all athletes)
 - N, R or C sports classification status (in sports incorporating sports classification)
 - All sports rules and regulations regarding minimum age (and maximum age where youth groups are included), nationality etc (all athletes).

3.2 Classification

- 3.2.1 For INAS 50m Swimming championships LOCs must discuss with the INAS Sport Director the numbers of Classification teams to be requested and then apply to World Para Swimming for classification evaluation at the event. For INAS regional swimming championships LOCs are to liaise with the INAS Sport Director to agree whether this should be requested.
- 3.2.2 Where it is agreed with INAS and World Para Swimming for classification evaluation to take place at the event all administration and related costs must be covered by the LOC.

4 Venue

4.1 Location

- 4.1.1 The venue is to be at or as near as possible to sea level and should be within reasonable travel distance (no more than one (1) hour by bus/coach/car) from an international airport.
- 4.1.2 The venue should remain at an appropriate and comfortable temperature for athletes, team staff, volunteers and spectators. Water temperature is governed by World Para Swimming Rules, pool hall air temperature is to be maintained at water temperature or 1° C above water temperature, pool hall air temperatures must not be greater than 30° C (86° F).

4.2 Facilities

- 4.2.1 A 50m competition pool (25m for short course events) must be provided for competition.
- 4.2.2 The pool is to be an indoor facility. The pool must meet the minimum standard for competition pools as set out by World Para Swimming, and generally be approved by FINA and by the host nation's National Swimming Federation. It is important that a pool survey certificate verifying the dimensions of the pool in accordance with World Para Swimming rules is provided during the Bid submission.
- 4.2.3 A 25m or 50m warm up pool must be provided adjacent or near the competition pool. The warm up pool must also be approved by the host nation's National Swimming Federation.



- 4.2.4 A World Para Swimming approved timing and results system must be used, it is recommended that LOCs consult with the INAS Swimming Director early. (Current known timing systems include Colorado; Swiss Timing (Omega); Alge; Daktronics; Sports Timing Inc; Seiko Timing Systems).
- 4.2.5 The Control Room should be an air-conditioned space of approximately 6.0 metres x 3.0 metres. It is to be within 3.0 metres to 5.0 metres from the finish wall, with an unobstructed view of the finish wall at all times during the race. The referee and Technical Director are to have easy access to the control room during competition, at all other times the room is to be secured.
- 4.2.6 A spectator electronic read-out board (video display board / "scoreboard") is to be available. It shall be capable of displaying at least twelve (12) lines of thirty eight (38) characters, each capable of displaying both letters and numbers. Each character shall be a minimum height of 200mm. The scoreboard must be capable of scrolling both up and down. The board must be programmable and must be capable of displaying animation and, wherever possible, video imagery.
- 4.2.7 Call Rooms
- 4.2.7.1 Call rooms for Long Course (50m) pools are to be established as follows:
 - For events of 100m and longer, Initial and Final Call Rooms are to be defined, the Initial Call Room should be capable of holding four (4) full Heats/Races.
 - For events starting at the other end (50m) at least one (1) Call Room is to de defined capable of holding four (4) Heats/Races.
- 4.2.7.2 Wherever practical Call Rooms are to be secured areas within the venue building, isolated by closed doors. In each case LOC's are to note that the Final Call Room is a space where athletes must be able to prepare themselves for their race.
- 4.2.7.3 Large display synchronized digital clocks are to be made available throughout the competition and visible to athletes and teams in the competition pool hall, in the training pool hall and at the entrance to each Call Room (4 clocks).
- 4.2.8 A minimum of two (2) pace clocks are to be fitted and working during training in each pool. They are to be switched off in the competition pool during competition.
- 4.2.9 A minimum of three (3) strobe starting lights are to be available.
- 4.2.10 The following spaces are to be provided for athletes and team officials:
 - Male and female changing rooms with lockable personal storage.
 - Athlete Lounge with wifi and internet.
 - Reserved seating area, sufficient to seat all delegations simultaneously (shaded if outside).
 - Coaches area on or near pool deck if athlete seating does not have a view of competition pool.
- 4.2.11 The following spaces should be provided for officials:
 - Male and female changing rooms.
 - Lounge/rest area with available refreshments.
- 4.2.12 Spectator seating:
 - Adequate seating should be available for spectators separately from delegations and media.
- 4.2.8 Media seating and work areas:
 - Adequate seating must be provided for media with a good view of the competition pool and must include desk space for working.



- Dedicated, password protected wifi and if possible, cabled internet must be provided in the media seating.
- A separate 'media work room' should be made available within the venue if possible. Cabled internet should be provided as well as complimentary light refreshments.
- If live results are not available, printed results should be provided to media in the media seating and work room.
- 4.2.13 All media areas must be fully accessible. The following spaces should be provided to run the competition:
 - INAS Competition management office including working desk space for the INAS Sport Director (and World Para Swimming Technical Delegate if appointed), and other relevant INAS staff to work. This is to have adequate ventilation, good power supplies and lighting, a fast printer/copier and a good broadband internet connection suitable for at least 12 simultaneous high-speed, high bandwidth data connections.
 - Sports Information Desk. An information centre manned continuously from 60 minutes before morning warm through until 60 minutes after close of Finals session daily will be required at the venue for the posting of schedules, changes, results and other communications for teams. The Sports Information Desk will require a reliable fast, commercial "double-sided" photocopier facility.
- 4.2.14 Bathrooms and washrooms must be maintained at a high standard of cleanliness and hygiene, toilet paper must be readily available, and handwash and hand drying facilities maintained. In addition, anti-bacterial hand gel is to be available in various locations throughout the venue and official hotels.
- 4.2.15 The competition pool must be fully fitted with competition lane ropes, starting blocks, backstroke flags and backstroke ledges (if available) no later than Day -2 (minus two) for athletes to train in a complete competition environment.

4.3 Venue dressing for protocol

One flag from each participating nation must be displayed in the venue. The INAS flag and flag of the host country must also be displayed separately in the venue.

4.4 Training Facilities

- 4.4.1 Training facilities must be available prior to and during championships.
- 4.4.2 On competition days the competition pool is to be available for training prior to sessions.
- 4.4.3 The LOC is to create a "training plan" for the training days scheduled and available to teams prior to competition start. The training plan is to allocate training lanes to individual delegations on a fair and equitable basis ensuring that all delegations have a similar opportunity to train in the competition pool. The training plan is to include any essential rules for training, which might include the prohibition of use of fins, snorkels, masks, hand paddles and resistance band training. It should include adequate provision for dive and in-water starts and one-way "sprint" lanes.

5 Officials, Staffing & Volunteers

5.1 Technical Director

5.1.1 The INAS Sport Director will take on the role of Technical Director for the event. The Technical Director is the highest authority with regards to all technical and operational matters within the event. The Technical Director will also Chair the Jury of Appeal.



- 5.1.2 Where the event is sanctioned by World Para Swimming and a World Para Swimming Technical Delegate is appointed, the INAS Sport Director and World Para Swimming Technical Delegate will work together. Where such an appointment is made the INAS Sport Director retains the responsibility and authority outlined in Para 5.1.1.
- 5.1.3 The LOC is responsible for meeting the cost of travel (ie. flights), accommodation, transport and per diem expenses of the World Para Swimming Technical Delegate, where one is appointed.

5.2 INAS Sport Director

- 5.2.1 The INAS Sport Director will attend the event and be the lead and take final decisions on all technical and event operational matters and will act as the highest authority with regards to technical and operational decisions.
- 5.2.2 The INAS Sport Director and the INAS Official Representative shall work together with other INAS staff, the LOC and any World Para Swimming appointees and representatives to ensure a successful event.
- 5.2.3 The INAS Sport Director is to arrive not less than one (1) full day prior to any training sessions and/or classification schedule and before the planned arrival date of athletes.
- 5.2.4 LOCs for Regional or Short Course competitions are to discuss the event with the INAS Sport Director. If directed by INAS, the INAS Sport Director is to be invited to attend the event as the INAS Technical Director. NOTE failure to discuss the event with the INAS Sport Director may result in the event results not being included in the Sport Rankings and/or Records achieved not being recognised.
- 5.2.5 The LOC is responsible for meeting the cost of travel (ie. flights), accommodation, transport, catering and agreed per diem expenses of the INAS Sport Director.

5.3 INAS Official Representative

- 5.3.1 INAS will normally appoint an Official Representative (a member of the Governing Board) to the event.
- 5.3.2 The LOC is responsible for meeting the cost of travel (ie. flights), accommodation, catering and transport expenses of the Official Representative.
- 5.3.3 The Official Representative will take final decisions on all matters except those that are of a sport technical or overall event operational nature (and in so far not put before the Accreditation Committee) in consultation with the INAS Sport Director, the organising committee and team leaders. They shall also chair the Accreditation Committee and shall take a principal role in the execution of protocol events.

5.4 INAS Staff

- 5.4.1 The INAS Sports Manager, INAS Marketing and Communications Manager and a member of the INAS Anti-Doping Committee will normally attend INAS Championship events.
- 5.4.2 The LOC is responsible for meeting the cost of travel (ie. flights), accommodation, transport and catering expenses of the named INAS Staff.
- 5.4.3 The INAS staff will be present at the event to support the INAS Sport Director, World Para Swimming Technical Delegate, National Swimming Federation Representative and LOC where required and liaise with the teams and officials to support growth and development of the sport.

5.5 World Para Swimming Official Representative

World Para Swimming may appoint a representative to a World Championship or Global Games to bring expertise and assistance to the LOC, INAS Swimming Director and World Para Swimming technical officials in delivering a successful competition. The representative may also attend the on-site assessment visit with the



INAS Swimming Director as part of the evaluation process. The LOC is required to guarantee and render full cooperation with the appointed representative.

5.6 Technical Officials

5.6.1 The following International and National Technical Officials must be appointed to the event:

Role	Number Minimum (Minimum) Qualification		Comment
Referee	1	WPS Level 4 or	World Para
Referee	1		
		FINA	Swimming
Deferre	1	NE (MDCliftl	preferred
Referee	1	NF (WPS qualified	Must speak
0 1		preferred)	English
Control room	1	NF (WPS qualified	Must speak
supervisor		preferred)	English
Starter	1	NF (WPS or FINA	World Para
		qualified preferred	Swimming
			preferred
Starter	1	NF (WPS qualified	Must speak
		preferred)	English
Clerk of	2	NF	Must speak
course			English
Chief	2	NF (WPS qualified	Must have a
inspector of		preferred)	reasonable
turns			standard of
			English
Inspector of	2 per lane	NF	
turns			
Judges of	4 (2 each side	WPS L4 or FINA	World Para
stroke	of pool		Swimming
			preferred
Finish judges	2	NF	
Announcer /	1	INAS	To be approved
Commentator			or nominated
			by INAS
Announcer /	1	LOC/NF	To be
Commentator			appointed by
			LOC/NF

- 5.6.2 The Referee should arrive two days prior to competition to inspect the facilities and support the LOC and Sport Director in final preparations.
- 5.6.3 The Referee and all World Para Swimming appointed technical officials are to arrive in sufficient time to attend the Technical Meeting.
- 5.6.4 The LOC is to recruit National Technical Officials (NTOs) from the National Federation. They must hold a valid qualification certified either by their National Swimming | Federation or by World Para Swimming.
- 5.6.5 The technical officials must arrive the day prior to competition to be briefed by the Sport Director and Referee and familiarise themselves with the facilities.



5.6.6 A minimum of one (1) English-speaking experienced on-venue announcer is to be provided. The LOC may recommend an individual for approval by the INAS Sport Director, otherwise an individual will be nominated by the INAS Sport Director, the LOC is responsible for meeting the cost of travel (ie. flights), accommodation, transport, expenses and any appropriate fee.

5.6.7 The LOC is responsible for meeting the cost of travel (ie. flights), accommodation, transport and per diem expenses for all appointed international (World Para Swimming) officials.

5.7 Local Organising Committee

- 5.7.1 The Local Organising Committee carries a great deal of responsibility and accountability in preparing and managing the event on behalf of, and under the direction of the INAS Sport Director and other relevant INAS staff.
- 5.7.2 The LOC is to provide a named individual with specific responsibility for each of the following areas (this list is not comprehensive):
 - Chair of the LOC
 - Finance and Budget Control
 - Accommodation and Food
 - Transport
 - Media, social media and marketing
 - Spectator experience and ticketing
 - Volunteer management
 - Swimming Federation liaison, to include National Officials, Timing and essential competition pool equipment
 - Event Technical, to include scoreboards, videoboards, wifi, Internet, office printers, power, competition radios
 - Communications
 - Medical
 - Health and Safety and Security, including Lifeguards, Access Security and Accreditation
 - Branding and Venue Dressing
 - Protocol, including Victory Ceremonies and Opening and Closing Ceremonies
 - VIPs
 - Athlete/Delegation event entry management
 - Venue construction and maintenance
- 5.7.3 It is essential that individuals with specific responsibility within the LOC are given the clear authority to act and to make independent decisions.

5.8 Sport Specific Volunteers

5.8.1 Trained sport specific volunteers should be recruited to directly support the delivery of the Championships in the following roles:

Role	Number
Competition/Venue Manager	1
Basket (athlete equipment) carriers	27
Call rooms	8
Results Distribution	3
Electronic timing operators	2
Meet management system operators	2



Protocol/Presentations	10
Security	As required
Medical	3 in attendance at all times
Sports Information Centre	3
Doping Control Chaperones	As required

6 Medical & Anti-Doping

6.1 Medical

- 6.1.1 First aid services must be made available for training and competition by the LOC.
- 6.1.2 The LOC may provide physiotherapy services but must provide suitable space close to the competition pool for delegations to deliver their own physiotherapy services including physio tables and potentially ice baths. LOCs must ensure that they are fully aware of any delegation planning to bring physio benches and/or ice baths or any other equipment requiring space.
- 6.1.3 Local hospitals and health care centres are to be advised of the Championships.
- 6.1.4 The LOC is to ensure that effective and qualified Lifeguard cover is to be provided at all training and competition venues throughout all planned periods of use.

6.2 Doping Control

- 6.2.1 All world, Global Games and regional INAS Championships are subject to doping control testing. Appropriate facilities must be provided by the LOC in accordance with INAS Anti-Doping Policy https://inas.org/about-us/anti-doping-policy
- 6.2.2 INAS will appoint a member of the INAS Anti-Doping Committee to support the INAS Sport Director and LOC at the event
- 6.2.3 Any athlete requiring a Therapeutic Use Exemption (TUE) must send all TUE applications to the INAS Anti-Doping Committee NOT LESS THAN 30 DAYS BEFORE COMPETITION to tue@INAS.org. LOCs must include this information in the Entry Information Pack.
- 6.2.4 The LOC must provide anti-doping chaperones that are available for the duration of the event. They can be volunteers however a mix of both genders is required. At a minimum they must:
 - Communicate well in English; both spoken and written
 - Be over 18 years of age
 - Not have a conflict of interest with the athletes competing in the event or in the administration of the sport.
- 6.2.5 The LOC is to provide a doping control station as close as possible to the mixed zone. The doping control station must:
 - Include a waiting area, administration area and separate toilets,
 - Be for the sole purpose of sample collection. This area, including the toilets, cannot be used by anyone other than doping control personnel and those athletes selected for doping control.
- 6.2.6 The waiting area is to be large enough to accommodate athletes, representatives accompanying athletes, doping control and security personnel. The room should have sufficient seating and an adequate supply of sealed bottled water. The door is to have adequate access control.



6.2.7 The doping control processing room is to contain a table and at least three (3) chairs. Access to this room is limited to doping control personnel, the athlete being tested, the athlete's representative and, if required, an interpreter. This room is used for:

- Securely storing the doping control supplies and documentation
- Processing and sealing of samples
- Packaging and storing samples
- Completing and processing doping control documentation

7 Event Operations

7.1 Accreditation

- 7.1.1 An accreditation system is to be developed for all athletes, team staff, event staff, volunteers, officials, guests, media and all other persons involved in the event. This should carry the persons photograph and details of their level of access.
- 7.1.2 Adequate security must be in place to control access at the competition and training pools and all other relevant areas of venue and official hotels.
- 7.1.3 An efficient system for delegations and individuals to collect accreditation on arrival must be arranged.

7.2 Communication Plan

- 7.2.1 The LOC in discussion with the INAS Sport Director is to establish an operational Communication Plan for the event and provide the necessary radios and any other mobile devices.
- 7.2.2 The use of radios at a Championship event is essential to ensure smooth running on Field of Play, Security, Safety and for general operational management. The list below gives an approximate guide to the number of radios, further detail will be provided during site visits. It is recommended for all groups, and mandatory for Field of Play, that the radios are fitted with a Push to Talk Microphone (normally clipped to shirt) and an over-the-ear flexible (comfort) receiver. The radio should also be fitted with a strap (for carrying over shoulder) and/or a belt clip.
- 7.2.3 The plan must cover the following elements as a minimum:
 - Medical team (approximately three (3) radios)
 - Security and Safety (including Lifeguards) (approximately twelve (12) radios)
 - Technical (including Officials) (approximately fifteen (15) radios)
 - Local Organising Committee (approximately eight (8) radios)
- 7.2.4 The LOC is required to establish a Sports Information Desk at the venue where Schedules, Results and other important information can be posted for teams
- 7.2.5 In addition, during competition, the INAS Sport Director will expect to meet with the LOC at least daily, normally 30-45 minutes after completion of the morning session.

7.3 Visas

- 7.3.1 Each competing nation is responsible for arranging for the necessary visas for their delegation. Where required the LOC will be required to issue a letter of invitation to participating nations.
- 7.3.2 The LOC is responsible for applying and paying for the necessary visas for all appointed technical officials, INAS appointees and INAS staff. They must ensure that applications are submitted by any deadline set by the diplomatic/consular authorities of the country to be visited.



7.4 Transportation

- 7.4.1 Athletes/Team Officials. All competing nations are responsible for the booking and cost of travel to the designated port of entry for the event. The LOC must provide transport to and from the designated port of entry and the accommodation, training and competition venues.
- 7.4.2 Traditionally athletes enter multiple swimming races and as such will be on site at the venue for most of the day. Flexibility should be planned to allow for athletes not competing in multiple races to return to the accommodation during the day. This is commonly met with a regular shuttle or an on-demand bus service.
- 7.4.3 The transport arrival point at the venue must be safe for athlete embarkation/disembarkation and must remain clear of all other vehicles and obstructions.
- 7.4.4 Technical officials. The schedule must guarantee that the officials arrive at the venue a minimum of 45 minutes before the official start of the day's/session's events, or as otherwise directed by the INAS Sport Director. A small number of officials may be required by the INAS Sport Director to be available at the venue earlier, this will be agreed by the INAS Sport Director closer to the event start date.

7.5 Accommodation

- 7.5.1 It is normal for different standards of accommodation to be offered, however all accommodation should be of an appropriate standard and due care should be given to athlete welfare and protection issues.
- 7.5.2 Accommodation for athletes, officials, volunteers and guests should be in the same general area. It is normal for technical officials and LOC staff to be accommodated in a separate hotel to any delegations, athletes or supporters.
- 7.5.3 Athlete and delegation accommodation should always be separate to planned or advertised family/supporter accommodation
- 7.5.4 Media should be accommodated in a separate hotel.
- 7.5.5 The LOC is to provide details of planned accommodation for the delegations not less than 4 weeks prior to the Opening Ceremony and shall not modify, change or alter these plans without first consulting the INAS Sport Director.
- 7.5.6 Accommodation should be close to competition venues (no more than 30 minutes at peak traffic times) and include several accessible rooms.

7.6 Catering & refreshments

- 7.6.1 LOC's are to provide all meals throughout the event including breakfast, lunch and evening meals for delegations, appointed INAS and World Para Swimming staff, ensuring that religious/ethnic/cultural requirements and the nutritional requirements of athletes are observed.
- 7.6.2 To maintain good health and provide opportunity for athletes to rest appropriately, meals between sessions are to be provided in the accommodation hotels. For those athletes, officials and staff remaining at the venue during the period between sessions, packed lunches are to be available from the host hotels.
- 7.6.3 Sufficient filtered drinking water should must be available at all training and competition venues throughout the event.

7.7 Security and Access Control

7.7.1 The LOC is responsible for ensuring security measures to guarantee the safe and peaceful delivery of the event.



7.7.2 The LOC is to undertake a risk assessment in consultation with the relevant national and local authorities. The risk assessment and any relevant actions or measures are to be discussed with the INAS Sport Director.

7.7.3 The LOC is to guarantee that adequate Access Control is maintained to ensure that only appropriate individuals can access relevant areas throughout the venue. Arrangements for Access Control are to be agreed with the INAS Sport Director not less than 2 months prior to the arrival of athletes.

7.8 Conferences and Meetings

7.8.1 During the planning of a Championship event LOC's are to discuss with the INAS Sport Director and Official Representative the scheduling of the meetings detailed below. These must not conflict with the competition or training timetables, nor with the planning and conduct of the Technical Meeting (Para 2.12).

7.8.2 The following meetings are to be scheduled:

- Heads of Delegation/Team Managers' Meeting. This may take place immediately following the Technical Meeting or, in agreement with the Sport Director, as part of the Technical Meeting.
- Athlete Forum. At each Long Course (50m) Championship and at Global Games the LOC is to schedule an Athletes Forum. This is to be managed in accordance with INAS Governance and Policies Para 5.6.
 This is a "Closed" meeting attended only by eligible athletes and chaired by the INAS Official Representative.
- Swim Forum. At each Long Course (50m) Championship and at Global Games the INAS Sport Director shall chair a meeting of up to two (2) delegates per Member Organisation in good standing with INAS. The purpose of the meeting shall be to discuss the period since the last swim forum, the status of the sport discipline and any plans for the future of the sport discipline.

7.8.3 As stated in Para 2.15 <u>Communication</u> the LOC and the INAS/WPS event management team are to meet at least once formally daily from the arrival of the INAS Sport Director until the conclusion of the Closing Ceremony. This is to manage the effective operational control of the overall event and to resolve any issues.

7.8.4 Additional conferences and meetings may be requested by INAS or by the LOC, these will all be subject to availability of time and venue and are to be agreed between INAS and the LOC on an individual case basis.

8 Ceremonies, Guests & Social Programme

8.1 Ceremonies and Receptions

- 8.1.1 Ceremonies are an opportunity to welcome delegations and guests, to showcase national culture and to launch or close the event in a positive spirit and atmosphere, noting that it is important for all such events to remain athlete-centred.
- 8.1.2 In the Opening and Closing Ceremonies it is mandatory to include:
 - An opportunity to raise/lower the INAS flag
 - A welcome/closing speech from or on behalf of the INAS President.
 - At least one (1) athlete and delegation official from each delegation is to march with their flag during the opening ceremony
 - The INAS anthem
- 8.1.3 Careful consideration should be given to athlete welfare regarding the timing, location and length of the Opening and Closing ceremonies.
- 8.1.4 Ideally, they should be held at the sport venue or, if essential due to logistics, at or close to the delegation accommodation.



- 8.1.5 Plans for Opening and Closing Ceremonies are to be discussed in advance with the INAS Sport Director, INAS Official Representative and INAS Marketing and Communication Manager. Final approval is to be requested from the INAS Marketing and Communication Manager.
- 8.1.6 Additional Receptions may be considered for key guests, VIP's and sponsors.
- 8.1.7 It is recommended that a separate VIP lounge is made available at the venue.

8.2 Guests

- 8.2.1 Organisers are required to provide a VIP guest hospitality programme. Organisers are required to ensure an appropriate venue accommodation is available for guests, and if possible, access to transport, competition venues and any social programme.
- 8.2.2 The guest list should be developed in consultation with INAS.
- 8.2.3 Guests will normally attend at their own expense.

8.3 Social programme

- 8.3.1 A social programme may also be offered to participants. However, it is important that the programme is sympathetic to the requirements and sport demands of elite athletes.
- 8.3.2 It is common practice for the LOC to host a "party" strictly for athletes and delegation staff on completion of the Championships. This **must** be separate from the official Closing Ceremony.

9 PR and Media

9.1 Branding and PR

- 9.1.1 Promotion is a key element of organising an INAS Championships. Public and media awareness will help to ensure the success of an event and could bring additional sponsorship and funding.
- 9.1.2 A plan for delivering the following top requirements must be sent to INAS at least one year before the competition (if the event is confirmed later, the plan must be sent as soon as possible):

9.2 Announcement

The announcement of hosting a championship is made in partnership with INAS and the LOC when the contract is signed by both parties. No public announcements (including social media activity) can be made without consulting with INAS.

9.3 Media awareness

Local and national media need to be made aware that the Championships are happening as soon as possible. Regular contact should be made with journalists and broadcasters and events planned to involve them with athletes and the championships.

9.4 Social media and website

- 9.4.1 Social media is a great and free way of promoting the championships. However, INAS does not recommend creating new accounts for championships. This is because any followers will be lost after the competition ends. Instead, INAS can post any updates to their social media channels or give LOCs access to their accounts.
- 9.4.2 The INAS Marketing and Communication Manager is to be consulted at all stages during the consideration of social media plans and prior to the release of any social media messages.



9.4.3 The LOC will create and manage a website for the event, which will be in line with the INAS Branding Guidelines and as detailed in the INAS Policies and Procedures. The website shall be reviewed and signed-off by INAS in advance of publication.

10 Branding and materials

10.1 All branding and materials must be approved by INAS before they are produced. This includes but is not limited to:

- Competition logo
- Posters
- All venue branding (on and off Field of Play)
- Brochures and programmes
- Accreditations
- Entry pack
- Clothing
- Medal ceremony and/or media backdrops
- Pull-ups/roller banners
- Medals

10.2 A minimum of 25 per cent of all available advertising space in the venue is to be reserved for INAS. The LOC will bear the costs of producing INAS branding for the Field of Play. All materials produced by the LOC must carry the INAS logo and social media information.

11 Broadcast

- 11.1 INAS asks all organisers to consider providing a high-quality livestream of the competition, with English commentary and graphics, which can be shown on social media and online.
- 11.2 All livestream plans, including camera plans, commentators and graphics need to be shared with INAS as soon as they are available.
- 11.3 INAS owns the rights to all competition footage unless agreed otherwise in advance.

12 Photographs

- 12.1 At least two official photographers must be present for each session. Photographers must also capture the Opening and Closing Ceremonies.
- 12.2 All photographs must be sent to INAS as soon as possible after competition finishes each day. They must be original, high resolution versions of the pictures. They must be rights-free for use by INAS in future publications and activities.

13 Media Access to Field of Play

- 13.1 Access to the Field of Play by anybody is to be positively controlled, a limited number of official media individuals may be granted access to the Field of Play, these would generally include the official photographers and any approved broadcast media teams.
- 13.2 Immediately following each victory ceremony individual Media/Press photographers may be granted access to the area in front of the podium for the taking of photographs. This is to be strictly controlled.
- 13.3 There will be no media access to Call Rooms or to Doping Control Stations.



14 Spectators and tickets

- 14.1 Spectators improve the atmosphere of a competition, especially for the athletes. LOCs should make every effort to ensure that there are spectators on every day of competition. This can include organising visits from local schools or community groups. Tickets can be free or carry a charge, however INAS do not advise that an LOC relies upon ticket sales to generate revenue.
- 14.2 Careful consideration should be given to how spectators will be managed within the venue including crowd safety, seating arrangements, commentary and public announcements, programme sales, access to refreshments and bathroom facilities, insurance, accreditation/access control and emergency planning.

15 Insurance, Finance & Contingency Planning

15.1 Event Hosting Fee

For INAS Championships an event hosting fee is payable to INAS within 1 month of the completion of the event. The amount will be confirmed annually by INAS.

15.2 Liability

The cost of hosting the event will entirely be met by the LOC and losses will not be underwritten by INAS.

15.3 Insurance

- 15.3.1 All Team Members are obliged to have their own travel and medical insurance for the duration of the Championships.
- 15.3.2 The LOC must provide public liability insurance for the event and should consider cancellation insurance. INAS advises all LOC's to establish a clear cancellation policy and to publish this within the entry pack.

15.4 Event Proceeds

Any financial surplus resulting from the hosting of the Championships will be distributed in accordance with the Hosting Contract. INAS shall not be liable for any loss incurred.

15.5 Emergency Planning

- 15.5.1 LOC's should develop clear emergency procedures in the event of a major accident or emergency at all accommodation and training venues. This includes protocols for managing the immediate situation, ensuring the support of emergency services, for liaison and coordination with INAS staff, and for management of media.
- 15.5.2 The plan should be developed in consultation with the INAS Sport Director and made available to key staff within the LOC.

15.6 Contingency Planning

- 15.6.1 Despite the very best planning, there will often be unforeseen circumstances that arise during the planning and delivery of a major event. It is important therefore that LOC's consider contingency and backup plans in respect of essential event areas to ensure successful delivery.
- 15.6.2 The INAS Sport Director and/or World Para Swimming Technical Delegate may direct the use of a backup or contingency plan before or during the event.

Examples might include:

Problems regarding venue and facility availability,



- Loss of a key sponsor or income source
- A power failure or loss of internet impeding communication or competition systems
- Accommodation availability problems
- A key member of staff or volunteer falling ill or becoming absent

16 Environmental Considerations

Major swimming competitions tend to use a large amount of potentially recyclable materials and materials that can be potentially damaging to the environment. The LOC is strongly urged to consider a recycling policy for paper, alternatives to plastic water bottles (for example issue of personal drinking bottles and filling stations); the banning of non-essential plastics (cups, drinking straws) and separated rubbish bins for recyclable material.

17 Post Event

17.1 Post Event Report

On completion of the event, the LOC is to provide to the INAS Sport Director and Executive Director – INAS a short report detailing an overview of the event and a full statement of income and expenditure.

17.2 Final Results

The LOC is responsible for providing the INAS Sport Director with an electronic copy of the event results. This should be done daily, with a full copy of results on completion of the event.



18. Verification of Swimming Record or Ranking

18.1 INAS Swimming Records

- 18.1.1 INAS will maintain World and Regional Record Listings for the following Male and Female Long Course (50m) and Short Course(25m) events for athletes in the II1 Group:
 - Freestyle: 50m, 100m, 200m, 400m, 800m, 1500m
 - Backstroke: 50m, 100m, 200m
 - Breaststroke: 50m, 100m, 200m
 - Butterfly: 50m, 100m, 200m
 - Individual Medley: 100m (Short Course only), 200m, 400m
 - Relays: 4x50m Freestyle, 4x50m Medley, 4x100m Freestyle, 4x200m Freestyle, 4x100m Medley
 and
 - Mixed Relays: 4x50m Freestyle (Short Course only). 4x100m Freestyle, 4x100m Medley
- 18.1.2 Except in the case of an athlete achieving a record performance in accordance with paragraph 18.1.11, athletes must appear in the INAS Master List as II1 before they may apply for INAS Records
- 18.1.3 All records must be made in scratch competitions or an individual race against time at an INAS sanctioned or an IPC or World Para Swimming competition.
- 18.1.4 The length of each lane of the pool must be certified as being compliant with World Para Swimming rules.
- 18.1.5 Records will only be accepted when times are reported by:
 - Automatic Officiating Equipment (AOE) or
 - Semi-Automatic Officiating Equipment (in the case of AOE malfunction)
- 18.1.6 Times which are equal to 1/100th of a second will be recognised as equal records and athletes achieving these equal times will be called "Joint Holders".
- 18.1.7 Records can be established only in water with less than 3gr/litre of salt. No records will be recognised in any kind of sea or ocean water.
- 18.1.8 A qualified athlete in an individual event may apply for a record at an intermediate distance if he/she or the relevant Team Leader specifically requests the Referee that his/her performance be especially timed, unless the time at the intermediate distance is recorded by AOE. Such athlete must complete the scheduled distance of the event without disqualification.
- 18.1.9 The first athlete in a relay team (except for mixed relays) may apply for a record for their leg of the relay. Should the first athlete complete the distance in a record time, his performance shall not be nullified by any subsequent disqualification of the relay team for violations occurring after his/her distance has been completed.
- 18.1.10 All records made during international competitions where an INAS Technical Director is appointed shall be automatically processed.
- 18.1.11 World Record performances by an athlete classified by World Para Swimming as S14/SM14/SB14 appearing on the World Para Swimming list of Records shall be transferred automatically to the INAS World Record list.
- 18.1.12 All other applications for records, except as in Para 18.1.10 and 18.1.11, must be made on the INAS Swimming official records form by the athlete or team leader, must be signed by the Referee and must be accompanied by a copy of the AOE output for the relevant race.

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- 18.1.13 All record application forms must be received by INAS within 30 days of the record setting performance.
- 18.1.14 Applications should be made to the INAS Swimming Director within 30 days of completion of the competition via email (dave.harman@inas.org) or by post to the INAS postal address. Contact addresses can be found on the INAS website
- 18.1.15 INAS will issue a certificate of Record once verified.
- 18.1.16 The authority to ratify records is vested solely in INAS.
- 18.1.17 Enquiries are to be addressed to the INAS Swimming Director. (dave.harman@inas.org)

18.2 INAS Swimming Rankings

- 18.2.1 INAS shall maintain long course (50m) world rankings for athletes of the II1 Group based on results submitted by LOCs from INAS sanctioned competitions and from IPC and World Para Swimming approved competitions.
- 18.2.2 The results must be submitted within 15 days after the competition ends in a format requested by INAS
- 18.2.3 Only athletes that are listed as Active on the INAS Master List will have their results recognised for ranking purposes.

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