

INAS-FID 2ND WORLD CROSS COUNTRY CHAMPIONSHIPS
STELLENBOSCH - FRIDAY, 16 APRIL 2004

LADIES - 2 KM

POSITION	NAME	RACE NO.	COUNTRY	TIME
1	BARBARA B NIEUJEDZIAE	1436	POLAND	6.43
2	ARLERTA MELOCH	1435	POLAND	6.44
3	NOMSINDISI LUWACA	1448	SOUTH AFRICA	7.12
4	BIACSI ILONA	1498	HUNGARY	7.21
5	BIACSI BERNADETT	1497	HUNGARY	7.31
6	MIRJAM BOEKEMA	1407	THE NETHERLANDS	7.37
7	FATIMA MATOS	1482	PORTUGAL	7.42
8	JANE RASAKANYA	1449	SOUTH AFRICA	7.47
9	LURDES AMADOR	1481	PORTUGAL	7.54
10	LURDES VIAIS	1484	PORTUGAL	8.04
11	MARIANNE VERDONIK	1408	THE NETHERLANDS	8.21
12	MARIA FERNANDES	1483	PORTUGAL	8.44
13	NTOMBETHEMBA FIKO	1444	SOUTH AFRICA	9.01
14	FIONA CALDER	1413	GREAT BRITAIN	9.09
15	NACSA GABRIELLA	1499	HUNGARY	9.15
16	MAGGIE SIBISI	1447	SOUTH AFRICA	9.19
17	TSHIFIWA MUGODI	1446	SOUTH AFRICA	9.22
18	THEMBISA PLAATJIES	1451	SOUTH AFRICA	10.33

TEAM RESULTS

<u>POS.</u>	<u>COUNTRY</u>	<u>PLACINGS</u>	<u>POINTS</u>
1	SOUTH AFRICA	3, 8, 13	24
2	HUNGARY	4, 5, 15	24
3	PORTUGAL	7, 9, 10	26

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MEN - 5 KM

POSITION	NAME	RACE NO.	COUNTRY	TIME
1	KAMIL WIAK	1437	POLAND	9.16
2	MNCEDI KHANTI	1452	SOUTH AFRICA	9.17
3	ANTONIO SOARES	1486	PORTUGAL	9.31
4	TADEUSZ CHUDZYNSKI	1438	POLAND	9.44
5	ANTONIO MARIZ	1485	PORTUGAL	9.47
6	JOSé R SILVA	1487	PORTUGAL	9.52
7	NELSON BASS	1455	SOUTH AFRICA	9.53
8	SOLOMON MANGWAYI	1456	SOUTH AFRICA	9.54
9	ABRAM MATLAGA	1531	SOUTH AFRICA	10.04
10	VINCENT PICARD	1474	FRANCE	10.05
11	MAGWAI WILLIAM	1532	SOUTH AFRICA	10.06
12	NEIL COLLINS	1414	GREAT BRITAIN	10.07
13	ANDREW KAAR	1421	GREAT BRITAIN	10.12
14	TONY COLLINS	1415	GREAT BRITAIN	10.13
15	SAMIR MEKKI	1472	FRANCE	10.14
16	MANUEL ROCHA	1488	PORTUGAL	10.18
17	ZOLANI MOZEKENI	1534	SOUTH AFRICA	10.26
18	ONDRES GASZI	1402	CZECH REPUBLIC	10.33
19	STEPHANE KELKAL	1471	FRANCE	10.38
20	MARTYN BELL	1420	GREAT BRITAIN	10.44
21	PATRICK FREULON	1473	FRANCE	10.45
22	PASCAL PIRON	1475	FRANCE	10.52
23	ROBIN FRANSSOA	1431	SWEDEN	11.05
24	ROSTISLAV SPURNY	1403	CZECH REPUBLIC	11.11
25	RICHARD ROBB	1418	GREAT BRITAIN	11.21
26	KEVIN LEWIS	1417	GREAT BRITAIN	11.25
27	DEREK LEE	1419	GREAT BRITAIN	11.28
28	RASMUS ADOLTSSON	1432	SWEDEN	12.04

TEAM COMPETITION

POS.	COUNTRY	PLACINGS	POINTS
1	PORTUGAL	3, 5, 6	14
2	SOUTH AFRICA	2, 7, 8	17
3	GREAT BRITAIN	12, 13, 14	39
4	FRANCE	10, 15, 19	44

INAS-FID 2ND WORLD CROSS COUNTRY CHAMPIONSHIPS
STELLENBOSCH - SATURDAY, 17 APRIL 2004

LADIES - 4 KM

POSITION	NAME	RACE NO.	COUNTRY	TIME
1	ARLERTA MELOCH	1439	POLAND	14.02
2	BARBARA B NIEUIEDZIAE	1440	POLAND	14.21
3	NOMSINDISI LUWACA	1461	SOUTH AFRICA	14.56
4	BIACSI ILONA	1401	HUNGARY	15.11
5	BIACSI BERNADETT	1500	HUNGARY	15.21
6	JANE RASAKANYA	1462	SOUTH AFRICA	16.08
7	MIRJAM BOEKEMA	1410	THE NETHERLANDS	16.14
8	LURDES VIAIS	1492	PORTUGAL	16.36
9	FATIMA MATOS	1490	PORTUGAL	16.43
10	LURDES AMADOR	1489	PORTUGAL	17.17
11	MARIANNE VERDONIK	1411	THE NETHERLANDS	17.55
12	MARIA FERNANDES	1491	PORTUGAL	18.19
13	NACSA GABRIELLA	1502	HUNGARY	18.28
14	MAGGIE SIBISI	1460	SOUTH AFRICA	18.55
15	NTOMBETHEMBA FIKO	1457	SOUTH AFRICA	19.13
16	FIONA CALDER	1422	GREAT BRITAIN	19.16
17	THEMBISA PLAATJIES	1464	SOUTH AFRICA	20.37
18	TSHIFIWA MUGODI	1459	SOUTH AFRICA	22.59

TEAM RESULTS

POSITION	COUNTRY	PLACINGS	POINTS
1	HUNGARY	4, 5 13	22
2	SOUTH AFRICA	3, 6, 14	23
3	PORTUGAL	8, 9, 10	27

INAS-FID 2ND WORLD CROSS COUNTRY CHAMPIONSHIPS**STELLENBOSCH - SATURDAY, 17 APRIL 2004****MEN - 6 KM**

POSITION	NAME	RACE NO.	COUNTRY	TIME
1	KAMIL WIAK	1442	POLAND	19.12
2	MNCEDI KHANTI	1465	SOUTH AFRICA	19.15
3	ANTONIO SOARES	1494	PORTUGAL	19.31
4	TADEUSZ CHUDZYNSKI	1443	POLAND	19.43
5	NELSON BASS	1468	SOUTH AFRICA	19.57
6	ANTONIO MARIZ	1493	PORTUGAL	20.08
7	ABRAM MATLOGA	1470	SOUTH AFRICA	20.28
8	MAGWAI WILLIAM	1533	SOUTH AFRICA	20.38
9	SOLOMON MANGWAYI	1469	SOUTH AFRICA	20.39
10	JOSé R SILVA	1495	PORTUGAL	20.44
11	ANDREW KAAR	1430	GREAT BRITAIN	20.51
12	TONY COLLINS	1424	GREAT BRITAIN	20.57
13	SAMIR MEKKI	1477	FRANCE	21.01
14	VINCENT PICARD	1479	FRANCE	21.05
15	MANUEL ROCHA	1496	PORTUGAL	21.22
16	NEIL COLLINS	1423	GREAT BRITAIN	21.28
17	ZOLANI MOZEKENI	1535	SOUTH AFRICA	21.47
18	PATRICK FREULON	1478	FRANCE	21.54
19	MARTYN BELL	1429	GREAT BRITAIN	22.18
20	ONDRES GASZI	1405	CZECH REPUBLIC	22.53
21	PASCAL PIRON	1480	FRANCE	23.03
22	ROSTISLAV SPURNY	1406	CZECH REPUBLIC	23.17
23	KEVIN LEWIS	1426	GREAT BRITAIN	23.28
24	ROBIN FRANSSOA	1433	SWEDEN	23.29
25	DEREK LEE	1428	GREAT BRITAIN	24.21
26	RICHARD ROBB	1427	GREAT BRITAIN	24.43
27	RASMUS ADOLTSSON	1434	SWEDEN	25.15

MEN - 6 KM**TEAM RESULTS**

POSITION	COUNTRY	PLACINGS	POINTS
1	SOUTH AFRICA	2, 5, 7	14
2	PORTUGAL	3, 6, 10	19
3	GREAT BRITAIN	11, 12, 16	39