

7th INAS Cross Country Championships - 3 Km Short Race - Wakefield 21st Feb 2015

| <u>Position</u> | <u>Number</u> | <u>Name</u> | <u>Sex</u> | <u>Country</u> | <u>Time</u> |
|--------------------|---------------|-----------------------|------------|----------------|-------------|
| 1 | 10 | Jose Azevedo | M | Portugal | 8:33 |
| 2 | 12 | Christiano Pereira | M | Portugal | 8:48 |
| 3 | 5 | James Hamilton | M | Great Britain | 9:08 |
| 4 | 9 | Werner Gentle | M | Netherlands | 9:25 |
| 5 | 13 | Vitor Pleno | M | Portugal | 9:42 |
| 6 | 14 | Martin Jansson | M | Sweden | 9:47 |
| 7 | 6 | Chris Lazenby | M | Great Britain | 10:03 |
| 8 | 11 | Tiego Neves | M | Portugal | 10:07 |
| 9 | 8 | Adam Wilson | M | Great Britain | 10:14 |
| 10 | 3 | Neill Collins | M | Great Britain | 10:32 |
| 11 | 7 | Dave Lazenby | M | Great Britain | 10:41 |
| 12 | 2 | Denis Murgos | M | Czech Republic | 11:17 |
| 13 | 4 | Tony Collins | M | Great Britain | 11:25 |
| 14 | 1 | David Malic | M | Czech Republic | 11:38 |
| <u>Team Result</u> | | | | | |
| 1 | | Portugal (1,2,5) | 8 | | |
| 2 | | Great Britain (3,7,9) | 19 | | |

7th INAS Cross Country Championships - Ladies 2Km - Wakefield 21st Feb 2015

| <u>Position</u> | <u>Number</u> | <u>Name</u> | <u>Sex</u> | <u>Country</u> | <u>Time</u> |
|-----------------|---------------|------------------|------------|----------------|-------------|
| 1 | 15 | Kristin Bjorfelt | F | Sweden | 8:51 |

7th INAS Cross Country Championships - 6 Km Men -Wakefield 22nd Feb 2015

| <u>Position</u> | <u>Number</u> | <u>Name</u> | <u>Sex</u> | <u>Country</u> | <u>Time</u> |
|--------------------|---------------|-----------------------|------------|----------------|-------------|
| 1 | 10 | Jose Azevedo | M | Portugal | 20:00 |
| 2 | 5 | James Hamilton | M | Great Britain | 20:52 |
| 3 | 12 | Christiano Pereira | M | Portugal | 21:34 |
| 4 | 9 | Werner Gentle | M | Netherlands | 21:38 |
| 5 | 13 | Vitor Pleno | M | Portugal | 22:16 |
| 6 | 11 | Tiego Neves | M | Portugal | 22:40 |
| 7 | 14 | Martin Jansson | M | Sweden | 22:50 |
| 8 | 6 | Chris Lazenby | M | Great Britain | 23:27 |
| 9 | 8 | Adam Wilson | M | Great Britain | 23:45 |
| 10 | 7 | Dave Lazenby | M | Great Britain | 24:04 |
| 11 | 3 | Neill Collins | M | Great Britain | 24:54 |
| 12 | 2 | Denis Murgos | M | Czech Republic | 26:02 |
| 13 | 4 | Tony Collins | M | Great Britain | 26:16 |
| 14 | 1 | David Malic | M | Czech Republic | 26:58 |
| <u>Team Result</u> | | | | | |
| 1 | | Portugal (1,3,5) | 9 | | |
| 2 | | Great Britain (2,8,9) | 19 | | |

7th INAS Cross Country Championships - 4 Km Women -Wakefield 22nd Feb 2015

| <u>Position</u> | <u>Number</u> | <u>Name</u> | <u>Sex</u> | <u>Country</u> | <u>Time</u> |
|-----------------|---------------|------------------|------------|----------------|-------------|
| 1 | 15 | Kristin Bjorfelt | F | Sweden | 19:55 |